Social Identity Wheel

This activity highlights the multiple dimensions of our identities. It addresses the relationships between our desires to self-define our identities and the social constructions that label us regardless of how we define ourselves.

1. Think of a story about a time you were especially proud and/or happy to identify with one of the descriptors you used in the circle.

2. Think of a story about a time it was especially painful to be identified with one of your identifiers or descriptors.

(A Adapted from “Voices of Discovery”, Intergroup Relations Center, Arizona State University)
Personal Identity Wheel

Place of Residence
(City, Town, Neighborhood)

List 1 Passion

Describe your family

Core Values

Professional Interests

Social-Justice Interests

Social circles, clubs or community groups you are a part of

Organizational Affiliations

(Adapted from Intergroup Relations Center, Arizona State University)